

# LOURDES CATHOLIC SCHOOL

## October menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All meals include milk.		1 French Toast sticks Sausage links Pears Go-gurt	2 Mac-n-cheese Little Smokies Green beans Pineapple Pudding	3 Shredded bbq chx sandwich Baked chips Tossed salad Orange	4 Mozzarella Sticks Carrots Apple Brownie	5
6	7 Mini corn dogs Sweet potato fries Peaches Fruit snacks	8 Turkey & chs wrap Broccoli Applesauce Lorna Doone cookies	9 Chicken strips Peas Fruit cocktail cookie	10 Nachos Refried beans Corn Mandarin oranges	11 Quesadilla Spanish rice Mixed vegetables Pineapple	12
13	14 Bosco sticks Green beans Tropical fruit Teddy grahams	15 Egg & sausage breakfast boat Bananas Rice crispy treat	16 Chicken drummies Mashed potatoes Corn Applesauce Jello cake	17 Hot dog Fries Baked beans Mixed fruit	18 Cold cut sandwich Baked chips Carrots & ranch Orange	19
20	21 Chili Garlic toast Peas Apple	22 Cheeseburger Mashed potato smiles Peaches	23 Chx Caesar wrap Sweet potato fries Mixed vegetables Pears Fruit snacks	24 Spaghetti Meatballs Green beans Mandarin oranges Garlic toast	25 <b>NO SCHOOL</b>	26
27	28 Alfredo w/chicken Broccoli Go-gurt Cookie	29 Beef stew Biscuits Tropical fruit Rice krispy treat	30 Sausage/pancake on a stick Tri tator Pineapple Pudding	31 Popcorn chicken Rice pilaf Mixed vegetables Banana		